

Substantive knowledge Our curriculum supports pupils to: - Understand concepts, themes and genres - Acquire and apply knowledge and skill - Develop vocabulary		Disciplinary knowledge Our curriculum supports pupils to: - Learn about their place, rights and responsibilities in the world and how to celebrate difference - Set ambitious dreams and goals - Be healthy, including online and in their relationships, including recognise how they change over time.
KS1	CYCLE A	CYCLE B
Links to British Values Links to contextual safeguarding	<u>Being Me In My World:</u> 1.2) My Class 1.3) Rights + Responsibilities 1.4) Rewards + Feeling Proud 1.5) Consequences <u>Celebrating Difference:</u> 1.1/1.2) The Same As + Different From 2.1) Boys + Girls (extend Y2 with 2.2 – stereotypes) 1.3/1.4/2.3) Bullying (2 lessons) 1.5) Making New Friends 1.6) Celebrating Difference <u>Dreams and Goals:</u> 1.1/2.1) My Treasure Chest to Success/Goals to Success 1.2/2.2) Steps to Goals/My Learning Strengths 1.3) Achieving Together 1.4) Stretchy Learning 1.5) Continuing our group challenge <u>Healthy Me:</u> 1.1) Being Healthy 1.2) Healthy Choices 1.3) Clean + Healthy 4.1) Medicine Safety 5.1) Road Safety <u>Relationships Y1:</u> 1.1) Families 1.2) Making Friends 1.3) Greetings 1.4) People Who Help Us 1.5) Being My Own Best Friend <u>Relationships Y2:</u> 2.1) Families 2.2) Keeping Safe – Physical Contact 2.3) Friends and Conflict 2.4) Secrets 2.5) Trust and Appreciation <u>Changing Me Y1:</u> 1.1) Life Cycles 1.2) Changing Me 1.3) My Changing Body 1.4) Boys and Girls Bodies 1.5) Learning + Growing 1.6) Coping with Change <u>Changing Me Y2:</u> 2.1) Life Cycles in Nature 2.2) Growing From Young to Old 2.3) Changing Me 2.4) Girls’ + Boys’ Bodies 2.5) Assertiveness 2.6) Looking Ahead	<u>Being Me In My World:</u> 2.1) Hopes + Fears 2.2) Rights + Responsibilities 2.3) Rewards + Consequences 2.4) Rewards + Consequences 2.5) Owing our Learning Charter <u>Celebrating Difference:</u> 2.1) Boys + Girls (extend Y2 with 2.2 – stereotypes) 1.3/1.4/2.3) Bullying (2 lessons) 2.4) Standing up for Myself and Others 2.5) Gender Diversity 2.6) Celebrating Difference <u>Dreams and Goals:</u> 1.1/2.1) My Treasure Chest to Success/Goals to Success 1.2/2.2) Steps to Goals/My Learning Strengths 2.3) Learning With Others 2.4) Dream Birds 2.5) Continuing Our Group Challenge <u>Healthy Me:</u> 2.1) Being Healthy 2.2) Being Relaxed 2.3) Medicine Safety 2.4/2.5) Healthy Eating 1.5) Road Safety <u>Relationships Y1:</u> 1.1) Families 1.2) Making Friends 1.3) Greetings 1.4) People Who Help Us 1.5) Being My Own Best Friend <u>Relationships Y2:</u> 2.1) Families 2.2) Keeping Safe – Physical Contact 2.3) Friends and Conflict 2.4) Secrets 2.5) Trust and Appreciation <u>Changing Me Y1:</u> 1.1) Life Cycles 1.2) Changing Me 1.3) My Changing Body 1.4) Boys and Girls Bodies 1.5) Learning + Growing 1.6) Coping with Change <u>Changing Me Y2:</u> 2.1) Life Cycles in Nature 2.2) Growing From Young to Old 2.3) Changing Me 2.4) Girls’ + Boys’ Bodies 2.5) Assertiveness 2.6) Looking Ahead
KS2		
TIER 1 Links to British Values	<u>Being Me In My World:</u> 3.1/4.1) Getting to Know you/Becoming a Class Team 4.2) Being a School Citizen 4.4) Rewards + Consequences 4.3) Rights, Responsibilities, Democracy 4.5) Our Learning Charter <u>Celebrating Difference:</u> 3.1/3.2) Families + Family Conflict 4.1/4.2) Judging Appearance + Understanding Influence 3.3/3.4) Witness, feelings and solutions 4.3/4.4) Understanding bullying and problem solving 3.5) Words That Harm 4.6) Celebrating Difference: How We Look <u>Dreams and Goals:</u> 3.1/3.2) Dreams + Goals/My dreams + ambitions 4.2/4.3) Broken Dreams + Overcoming Disappointment 4.4) Creating New Dreams 3.3/3.4 OR 4.5) Garden Design OR Potato People (continue into a 2nd lesson)	

Links to contextual safeguarding	Healthy Me: 3.1/3.2) Being Fit + Healthy 4.1/4.2) My friends + Me/Group Dynamics 4.5) Healthy Friendships 3.3/4.3/4.4) What Do I know About Drugs?/Smoking/Alcohol 3.4/3.5) Being Safe/Safe+Unsafe Relationships Y3: 3.1) Family Roles + Responsibilities 3.2) Friendship 3.3) Keeping Myself Safe Online 3.4) Being a Global Citizen 1 3.5) Being a Global Citizen 2 Relationships Y4: 4.1) Jealousy 4.2) Love + loss 4.3) Memories 4.4) Getting On + Falling Out 4.5) Girlfriends + Boyfriends (*avoid stereotyping with language) Changing Me Y3: 3.1) How Babies Grow 3.2) Babies 3.3) Outside Body Changes 3.4) Inside Body Changes 3.5) Family Stereotypes Changing Me Y4: 4.1) Unique Me 4.2) Having a Baby 4.3) Girls and Puberty 4.4) Circles of Change 4.5) Accepting Change
TIER 2	
Links to British Values Links to contextual safeguarding	Being Me In My World: 4.1) Becoming a class team 5.1) My Year Ahead 4.2) Being a Citizen of School 5.2) Being a Citizen of My Country 4.3/5.3) Democracy + Responsibilities 5.5/5.6) Our learning Charter and Owning Our Learning Charter Celebrating Difference: 5.1) Different Cultures 5.2) Racism 5.3) Rumours and name calling 4.3/5.4) Understanding Bullying + Different Types of Bullying 5.5) Does Money Matter? 5.6) Celebrating Difference Across the World Dreams and Goals: 4.1/5.1) Hopes + dreams/When I Grow Up 4.2/4.3) Broken Dreams + Overcoming Disappointment 5.2/5.3) Investigate Jobs + Careers/My Dream Job 5.4) Dreams + Goals in Other Cultures 5.5/5.6) Supporting Each Other/Rallying Support Healthy Me: 4.3/4.4+ 5.1/5.2) Smoking and alcohol (split inputs), 5.3) Emergency Aid 4.5) Healthy Friendships (Y4 ONLY) + 5.4) Body Image (Y5 ONLY) 4.6) Celebrating My Inner Strength (Y4 ONLY) + 5.5) My Relationship with Food (Y5 ONLY) 5.6) Healthy Me Relationships Y4: 4.1) Jealousy 4.2) Love + loss 4.3) Memories 4.4) Getting On + Falling Out 4.5) Girlfriends + Boyfriends (*avoid stereotyping with language) Relationships Y5: Relationships Y5: 5.1) Recognising Me 5.2) Safety with Online Communities 5.3) Being in an Online Community 5.4) Online Gaming 5.5) My Relationship with Technology 5.6) Relationships and Technology Changing Me Y4: 4.1) Unique Me 4.2) Having a Baby 4.3) Girls and Puberty 4.4) Circles of Change 4.5) Accepting Change Changing Me Y5: 5.1) Self and Body Image 5.2) Puberty for Girls 5.3) puberty for Boys 5.4) Conception 5.5/5.6) Looking Ahead 1+2
Key vocabulary	
TIER 3	
Links to British Values Links to contextual safeguarding	Being Me In My World: 5.1/6.1) My Year Ahead 5.2) Being a Citizen of my Country 5.3) Democracy + Responsibilities 6.2/6.3) Being a Global Citizen 2 5.5/6.5) Our Learning Charter Celebrating Difference: 6.1) Am I Normal? 5.3/6.2) Name Calling + Understanding Difference 6.3) Power Struggles 5.4/6.4) Different Types of Bullying/Why Bully? 6.5/6.6) Celebrating Difference Dreams and Goals: 5.1) When I Grow Up 6.1/6.2) Personal Learning Goals/Steps to Success 5.3) My Dream Job 6.3) My Dream for the World 6.4) Helping Make a Difference: Fundraising Event Healthy Me: 6.1) Taking Responsibility for my Health + Well-being 5.1/5.2) Smoking + alcohol and 6.2) Drugs 5.3) Emergency Aid and 6.3/6.4) Exploitation + Gangs 6.5) Emotional + Mental Health 6.6) Managing Stress and Pressure

Relationships Y5: 5.1) Recognising Me 5.2) Safety with Online Communities 5.3) Being in an Online Community 5.4) Online Gaming 5.5) My Relationship with Technology 5.6) Relationships and Technology Relationships Y6: 6.1) What is Mental Health? 6.2) My mental Health 6.3) Love and Loss 6.4) Power + Control 6.5) Being Online: Real or Fake/Safe and Unsafe Changing Me Y5: 5.1) Self and Body Image 5.2) Puberty for Girls 5.3) puberty for Boys 5.4) Conception 5.5/5.6) Looking Ahead 1+2 Changing me Y6: 6.1) My Self Image 6.2) Puberty 6.3) Babies: Conception and Birth 6.4) Boyfriends and Girlfriends (*avoid stereotyping language) 6.5) Real Self and Ideal Self 6.6) The Year Ahead
