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| **Substantive knowledge** Our curriculum supports pupils to:* Understand concepts, themes and genres
* Acquire and apply knowledge and skill
* Develop vocabulary
 | **Disciplinary knowledge**Our curriculum supports pupils to:* Learn about their place, rights and responsibilities in the world and how to celebrate difference
* Set ambitious dreams and goals
* Be healthy, including online and in their relationships, including recognise how they change over time.
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| **KS1**  | **CYCLE A** | **CYCLE B**  |
| **Links to British Values** **Links to contextual safeguarding**  | **Being Me In My World:** 1.2) My Class 1.3) Rights + Responsibilities 1.4) Rewards + Feeling Proud 1.5) Consequences **Celebrating Difference:** 1.1/1.2) The Same As + Different From 2.1) Boys + Girls (extend Y2 with 2.2 – stereotypes) 1.3/1.4/2.3) Bullying ( 2 lessons) 1.5) Making New Friends 1.6) Celebrating Difference**Dreams and Goals:** 1.1/2.1) My Treasure Chest to Success/Goals to Success 1.2/2.2) Steps to Goals/My Learning Strengths1.3) Achieving Together 1.4) Stretchy Learning 1.5) Continuing our group challenge**Healthy Me:** 1.1) Being Healthy 1.2) Healthy Choices 1.3) Clean + Healthy 4.1) Medicine Safety 5.1) Road Safety**Relationships Y1:** 1.1) Families 1.2) Making Friends 1.3) Greetings 1.4) People Who Help Us 1.5) Being My Own Best Friend **Relationships Y2:** 2.1) Families 2.2) Keeping Safe – Physical Contact 2.3) Friends and Conflict 2.4) Secrets 2.5) Trust and Appreciation**Changing Me Y1:** 1.1) Life Cycles 1.2) Changing Me 1.3) My Changing Body 1.4) Boys and Girls Bodies 1.5) Learning + Growing 1.6) Coping with Change **Changing Me Y2:** 2.1) Life Cycles in Nature 2.2) Growing From Young to Old 2.3) Changing Me 2.4) Girls’ + Boys’ Bodies 2.5) Assertiveness 2.6) Looking Ahead  | **Being Me In My World:** 2.1) Hopes + Fears 2.2) Rights + Responsibilities 2.3) Rewards + Consequences 2.4) Rewards + Consequences 2.5) Owning our Learning Charter **Celebrating Difference:** 2.1) Boys + Girls (extend Y2 with 2.2 – stereotypes) 1.3/1.4/2.3) Bullying (2 lessons) 2.4) Standing up for Myself and Others 2.5) Gender Diversity 2.6) Celebrating Difference**Dreams and Goals:** 1.1/2.1) My Treasure Chest to Success/Goals to Success 1.2/2.2) Steps to Goals/My Learning Strengths 2.3) Learning With Others 2.4) Dream Birds 2.5) Continuing Our Group Challenge**Healthy Me:** 2.1) Being Healthy 2.2) Being Relaxed 2.3) Medicine Safety 2.4/2.5) Healthy Eating 1.5) Road Safety **Relationships Y1:** 1.1) Families 1.2) Making Friends 1.3) Greetings 1.4) People Who Help Us 1.5) Being My Own Best Friend **Relationships Y2:** 2.1) Families 2.2) Keeping Safe – Physical Contact 2.3) Friends and Conflict 2.4) Secrets 2.5) Trust and Appreciation**Changing Me Y1:** 1.1) Life Cycles 1.2) Changing Me 1.3) My Changing Body 1.4) Boys and Girls Bodies 1.5) Learning + Growing 1.6) Coping with Change **Changing Me Y2:** 2.1) Life Cycles in Nature 2.2) Growing From Young to Old 2.3) Changing Me 2.4) Girls’ + Boys’ Bodies 2.5) Assertiveness 2.6) Looking Ahead |
| **Key vocabulary** |  |
| **KS2** |  |  |
| **TIER 1****Links to British Values****Links to contextual safeguarding** | **Being Me In My World:** 3.1/4.1) Getting to Know you/Becoming a Class Team 4.2) Being a School Citizen 4.4) Rewards + Consequences 4.3) Rights, Responsibilities, Democracy 4.5) Our Learning Charter**Celebrating Difference:** 3.1/3.2) Families + Family Conflict 4.1/4.2) Judging Appearance + Understanding Influence 3.3/3.4) Witness, feelings and solutions 4.3/4.4) Understanding bullying and problem solving 3.5) Words That Harm 4.6) Celebrating Difference: How We Look **Dreams and Goals:** 3.1/3.2) Dreams a+ Goals/My dreams + ambitions 4.2/4.3) Broken Dreams + Overcoming Disappointment 4.4) Creating New Dreams 3.3/3.4 OR 4.5) Garden Design OR Potato People (continue into a 2nd lesson)**Healthy Me:** 3.1/3.2) Being Fit + Healthy 4.1/4.2) My friends + Me/Group Dynamics 4.5) Healthy Friendships 3.3/4.3/4.4) What Do I know About Drugs?/Smoking/Alcohol 3.4/3.5) Being Safe/Safe+Unsafe **Relationships Y3:** 3.1) Family Roles + Responsibilities 3.2) Friendship 3.3) Keeping Myself Safe Online 3.4) Being a Global Citizen 1 3.5) Being a Global Citizen 2**Relationships Y4:** 4.1) Jealousy 4.2) Love + loss 4.3) Memories 4.4) Getting On + Falling Out 4.5) Girlfriends + Boyfriends (\*avoid stereotyping with language) **Changing Me Y3:**  3.1) How Babies Grow 3.2) Babies 3.3) Outside Body Changes 3.4) Inside Body Changes 3.5) Family Stereotypes **Changing Me Y4:** 4.1) Unique Me 4.2) Having a Baby 4.3) Girls and Puberty 4.4) Circles of Change 4.5) Accepting Change  |
| **Key vocabulary** |  |
| **TIER 2**  |  |
| **Links to British Values****Links to contextual safeguarding** | **Being Me In My World:** 4.1) Becoming a class team 5.1) My Year Ahead 4.2) Being a Citizen of School 5.2) Being a Citizen of My Country4.3/5.3) Democracy + Responsibilities 5.5/5.6) Our learning Charter and Owning Our Learning Charter**Celebrating Difference:** 5.1) Different Cultures 5.2) Racism 5.3) Rumours and name calling 4.3/5.4) Understanding Bullying + Different Types of Bullying 5.5) Does Money Matter? 5.6) Celebrating Difference Across the World**Dreams and Goals:** 4.1/5.1) Hopes + dreams/When I Grow Up 4.2/4.3) Broken Dreams + Overcoming Disappointment 5.2/5.3) Investigate Jobs + Careers/My Dream Job 5.4) Dreams + Goals in Other Cultures 5.5/5.6) Supporting Each Other/Rallying Support**Healthy Me:** 4.3/4.4+ 5.1/5.2) Smoking and alcohol (split inputs), 5.3) Emergency Aid 4.5) Healthy Friendships (Y4 ONLY) + 5.4) Body Image (Y5 ONLY) 4.6) Celebrating My Inner Strength (Y4 ONLY) + 5.5) My Relationship with Food (Y5 ONLY) 5.6) Healthy Me **Relationships Y4:** 4.1) Jealousy 4.2) Love + loss 4.3) Memories 4.4) Getting On + Falling Out 4.5) Girlfriends + Boyfriends (\*avoid stereotyping with language)Relationships Y5: **Relationships Y5:** 5.1) Recognising Me 5.2) Safety with Online Communities 5.3) Being in an Online Community 5.4) Online Gaming 5.5) My Relationship with Technology 5.6) Relationships and Technology**Changing Me Y4:**  4.1) Unique Me 4.2) Having a Baby 4.3) Girls and Puberty 4.4) Circles of Change 4.5) Accepting Change**Changing Me Y5:** 5.1) Self and Body Image 5.2) Puberty for Girls 5.3) puberty for Boys 5.4) Conception 5.5/5.6) Looking Ahead 1+2 |
| **Key vocabulary** |  |
| **TIER 3** |  |
| **Links to British Values****Links to contextual safeguarding** | **Being Me In My World:** 5.1/6.1) My Year Ahead 5.2) Being a Citizen of my Country 5.3) Democracy + Responsibilities 6.2/6.3) Being a Global Citizen 2 5.5/6.5) Our Learning Charter**Celebrating Difference:** 6.1) Am I Normal? 5.3/6.2) Name Calling + Understanding Difference 6.3) Power Struggles 5.4/6.4) Different Types of Bullying/Why Bully? 6.5/6.6) Celebrating Difference**Dreams and Goals:** 5.1) When I Grow Up 6.1/6.2) Personal Learning Goals/Steps to Success 5.3) My Dream Job 6.3) My Dream for the World 6.4) Helping Make a Difference: Fundraising Event**Healthy Me:** 6.1) Taking Responsibility for my Health + Well-being 5.1/5.2) Smoking + alcohol and 6.2) Drugs 5.3) Emergency Aid and 6.3/6.4) Exploitation + Gangs 6.5) Emotional + Mental Health 6.6) Managing Stress and Pressure**Relationships Y5:** 5.1) Recognising Me 5.2) Safety with Online Communities 5.3) Being in an Online Community 5.4) Online Gaming 5.5) My Relationship with Technology 5.6) Relationships and Technology**Relationships Y6:** 6.1) What is Mental Health? 6.2) My mental Health 6.3) Love and Loss 6.4) Power + Control 6.5) Being Online: Real or Fake/Safe and Unsafe **Changing Me Y5:** 5.1) Self and Body Image 5.2) Puberty for Girls 5.3) puberty for Boys 5.4) Conception 5.5/5.6) Looking Ahead 1+2**Changing me Y6:** 6.1) My Self Image 6.2) Puberty 6.3) Babies: Conception and Birth 6.4) Boyfriends and Girlfriends (\*avoid stereotyping language) 6.5) Real Self and Ideal Self 6.6) The Year Ahead  |
| **Key vocabulary** |  |