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| FS2 | Year 1 | | Year 2 | Year 3 | | Year 4 | Year 5 | | Year 6 |
| Throwing and Catching a Ball | | | | | | | | | |
| Roll equipment in different ways.  Throw underarm.  Throw an object at a target.  Catch equipment using two hands. | Throw underarm and overarm.  Catch and bounce a ball.  Use rolling skills in a game.  Practise accurate throwing and consistent catching. | | Throw different types of equipment in different ways, for accuracy and distance.  Throw, catch and bounce a ball with a partner.  Use throwing and catching skills in a game.  Throw a ball for distance.  Use hand-eye coordination to control a ball.  Vary types of throw used. | Throw and catch with greater control and accuracy.  Practise the correct technique for catching a ball and use it in a game.  Perform a range of catching and gathering skills with control.  Catch with increasing control and accuracy.  Throw a ball in different ways (e.g. high, low, fast or slow).  Develop a safe and effective overarm bowl. | | Develop different ways of throwing and catching. | Consolidate different ways of throwing and catching, and know when each is appropriate in a game. | | Throw and catch accurately and successfully under pressure in a game. |
| Travelling with a Ball | | | | | | | | | |
| Move a ball in different ways, including bouncing and kicking.  Use equipment to control a ball. | Travel with a ball in different ways.  Travel with a ball in different directions (side to side, forwards and backwards) with control and fluency. | | Bounce and kick a ball whilst moving.  Use kicking skills in a game.  Use dribbling skills in a game. | Move with the ball in a variety of ways with some control.  Use two different ways of moving with a ball in a game. | | Move with the ball using a range of techniques showing control and fluency. | Use a variety of ways to dribble in a game with success. | | Show confidence in using ball skills in various ways in a game situation. |
| Passing a Ball | | | | | | | | | |
| Kick an object at a target. | Pass the ball to another player in a game.  Use kicking skills in a game. | | Know how to pass the ball in different ways. | Pass the ball in two different ways in a game situation with some success. | | Pass the ball with increasing speed, accuracy and success in a game situation. | Pass a ball with speed and accuracy using appropriate techniques in a game situation. | | Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move. |
| Possession | | | | | | | | | |
| Know how to keep and win back possession of the ball in a team game. | | Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game. | | | Keep and win back possession of the ball effectively in a team game. | | | Keep and win back possession of the ball effectively and in a variety of ways in a team game. | |
| Using Space | | | | | | | | | |
| Move safely around the space and equipment.  Travel in different ways, including sideways and backwards. | Use different ways of travelling in different directions or pathways.  Run at different speeds.  Begin to use space in a game. | | Use different ways of travelling at different speeds and following different pathways, directions or courses.  Change speed and direction whilst running.  Begin to choose and use the best space in a game. | Find a useful space and get into it to support teammates. | | Make the best use of space to pass and receive the ball. | Demonstrate an increasing awareness of space. | | Demonstrate a good awareness of space. |

PE Progression Map – Games