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| FS2 | Year 1  | Year 2  | Year 3  | Year 4  | Year 5  | Year 6  |
| Throwing and Catching a Ball  |
| Roll equipment in different ways. Throw underarm. Throw an object at a target. Catch equipment using two hands.  | Throw underarm and overarm. Catch and bounce a ball. Use rolling skills in a game. Practise accurate throwing and consistent catching.  | Throw different types of equipment in different ways, for accuracy and distance. Throw, catch and bounce a ball with a partner. Use throwing and catching skills in a game. Throw a ball for distance. Use hand-eye coordination to control a ball. Vary types of throw used.  | Throw and catch with greater control and accuracy. Practise the correct technique for catching a ball and use it in a game. Perform a range of catching and gathering skills with control. Catch with increasing control and accuracy. Throw a ball in different ways (e.g. high, low, fast or slow). Develop a safe and effective overarm bowl.  | Develop different ways of throwing and catching.  | Consolidate different ways of throwing and catching, and know when each is appropriate in a game.  | Throw and catch accurately and successfully under pressure in a game.  |
| Travelling with a Ball  |
| Move a ball in different ways, including bouncing and kicking. Use equipment to control a ball.  | Travel with a ball in different ways. Travel with a ball in different directions (side to side, forwards and backwards) with control and fluency.  | Bounce and kick a ball whilst moving. Use kicking skills in a game. Use dribbling skills in a game.  | Move with the ball in a variety of ways with some control. Use two different ways of moving with a ball in a game.  | Move with the ball using a range of techniques showing control and fluency.  | Use a variety of ways to dribble in a game with success.  | Show confidence in using ball skills in various ways in a game situation.  |
| Passing a Ball  |
| Kick an object at a target.  | Pass the ball to another player in a game. Use kicking skills in a game.  | Know how to pass the ball in different ways.  | Pass the ball in two different ways in a game situation with some success.  | Pass the ball with increasing speed, accuracy and success in a game situation.  | Pass a ball with speed and accuracy using appropriate techniques in a game situation.  | Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move.  |
| Possession  |
| Know how to keep and win back possession of the ball in a team game.  | Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game.  | Keep and win back possession of the ball effectively in a team game.  | Keep and win back possession of the ball effectively and in a variety of ways in a team game.  |
| Using Space  |
| Move safely around the space and equipment. Travel in different ways, including sideways and backwards.  | Use different ways of travelling in different directions or pathways. Run at different speeds. Begin to use space in a game.  | Use different ways of travelling at different speeds and following different pathways, directions or courses. Change speed and direction whilst running. Begin to choose and use the best space in a game.  | Find a useful space and get into it to support teammates.  | Make the best use of space to pass and receive the ball.  | Demonstrate an increasing awareness of space.  | Demonstrate a good awareness of space. |

PE Progression Map – Games